

Female orgasm disorder (Anorgasmia)

Def Recurrent, persistent inhibition of Female orgasm following normal sexual excitation Adequate phase.

the main Complaint Absence of orgasm sensation / Pain, itching discharge, depression, irritability

Causes

Organic ① Neurological → lesion in lumbar, sacral spines

② (Female Genital Mutilation) FGM = (Female circumcision)

The most common cause. (excision of clitoris and may be Labia minora or majora) → ↓ Female satisfaction

Types of FGM Type I prepuce (clitoral hood) is removed with part or all ~~clit~~ ~~of~~ clitoris

Type II : All clitoris removed with part or all Labia minora

Type III clitoris + Labia minora removed, Labia majora are cut the left opening sutured to leave an opening for urine, menstruation. &

Type IV more aggressive. (Cauterization, scraping, cutting vagina)

Complication of (FGM) before marriage

Pain, bleeding, Keloid, Retention Syst, Urine retention, infection. Irregular menses

After marriage vaginismus, Dyspareunia, infertility. Depression, inhibited excitation, prolapse

Psychological ① Developmental Traumatic / Hostility

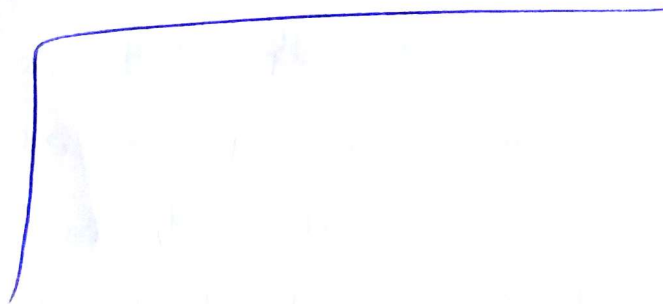
② Cognitive: no knowledge, Religious orthodoxy.

③ Affective: Anxiety depression phobias

④ Interpersonal: Lack of communication. Disgust partner

Treatment

- ① sex therapy
- ② No psychological inhibitions.
- ③ Masturbation programme.
- ④ Drugs.
 - Oestrogen, Androgens in menopausal women.
 - sildenafil / phentolamine /
Intravaginal PGE₁



Dyspareunia

Def Persistent, Recurrent ~~pain~~ genital pain in males and/or females during Coitus.

Causes.

(Male)

Organic causes → inflammatory → ⊕ genital herpes pro genitalis or urethra
⊕ Prostatovesiculitis → Pain on ejaculation
→ Non inflammatory → Prostatodynia (Pain dt spasm of pelvic floor muscles)

(Female)

Psychological tension, Anxiety → decrease vaginal lubricant
spasm of Perivaginal muscles → Painful Coitus

Organic Clitoris chronic irritation / Adhesions,
Vaginal opening infection. / ulcer (herpes) / Shrunken inelastic (Menopause)
Vagina vaginitis (Candida - Trichomonas) / Contact dermatitis
Atrophic vaginitis (Menopause)

Uterus Cervicitis, Cervical erosions / Endometritis

Treatment

- ① Treatment of the Cause
- ② Sex therapy